

ASSESSMENT



INTERVENTION

**ARBOR PSYCHOLOGY**  
GROUP

44450 Pinetree Drive • Suite 101  
Plymouth, Michigan 48170  
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arborpsychology.org

## CHILD AND ADOLESCENT SOCIAL SKILLS GROUPS

Participation in a social skills group is a powerful way of learning because children learn in the moment. Groups are fun, low pressure and engaging. Each group will include time for unstructured conversation and snack, as well as a set agenda for a particular skill to be taught and practiced. The majority of the time will be spent teaching and practicing these skills while the children are engaged in play, art and other cooperative activities -- this gives them real-life opportunities to practice and receive feedback on the skills just presented.

### TOPICS INCLUDE:

Showing interest in others – active, whole-body listening  
Appropriate greetings & joining in conversations  
How to enter play  
Maintaining conversations  
Empathy / perspective taking  
Showing respect  
Using self-control / coping when upset  
Being a good friend  
Hosting a successful playdate  
Good sportsmanship

**WHO:** Groups are available for multiple ages (ages 4-6, 7-9 and 10-13)  
Participants may be grouped by developmental level, when appropriate  
Each group is limited to 6 participants

**WHEN:** Sessions begin August 2015  
Each group consists of a 12-week curriculum  
Day/time to be determined based upon members of the group(s)

**WHERE:** Arbor Psychology Group  
Location information listed above

**COST:** \$80 for each 1.5-hour session

**GROUP LEADER:** Beth Pearson, Ph.D.  
Licensed Clinical Psychologist

**TO REGISTER OR FOR MORE INFORMATION:**  
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